

#### The Positive Impact of Mobile Health Clinics in Communities A Public Health Bridge to Modern Medicine.



#### **Financial Disclosures**

- Betsy Camara and Crystal Rambaud, faculty for this CE activity, has no relevant financial relationship(s) with ineligible companies to disclose.
- None of the planners for this activity have relevant financial relationships to disclose with ineligible companies.
- <u>The Arizona Alliance for Community Health Centers</u> is accredited by the Arizona Medical Association to provide medical education for physicians.
- <u>The Arizona Alliance for Community Health Centers</u> designated the 2025 Arizona Immunization Conference educational activity for a maximum of 11 hours AMA PRA Category 1 Credits Physicians should only claim credit commensurate with the extent of their participation in the activity.
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### **Objectives of Session**





### **Creation of the Vaccine Equity Team**

COVID vaccines rollout in the United States December 2020 PCHD administers COVID vaccines from PODs using staff and contractors Develop concept of mobile teams focused on education and vaccine administration.

Receive Vaccine Equity funds in June 2021 Begin hiring staff for Vaccine Equity team in winter 2021

1/23/22 First COVID Mobile Immunization Clinic



# **Evolution of Services**

Dec 2020 – Early 2021: Initial Distribution and Challenges

- Vaccines prioritized for healthcare workers and long-term care residents.
- Limited supply led to eligibility restrictions.
- Centralized distribution via mass vaccination sites (stadiums, convention centers).
- Logistical hurdles with ultra-cold storage requirements.





### **Evolution of Services**

#### Mid 2021: Expanded Eligibility and Access

- Eligibility expanded to more age groups and occupations.
- Vaccines widely available at retail pharmacies for convenience.
- Introduction of mobile clinics and pop-up sites to address inequities.
- Pfizer vaccine approved for adolescents aged 12–15 (May 2021).





### **Evolution of Services** Late 2021 – 2022: Focus on Equity and Boosters



- Equity initiatives targeted rural and underserved communities.
- Non-traditional venues like churches, schools, and community centers used.
- Booster doses introduced for highrisk groups.
- Vaccines approved for children aged 5–11 and later for infants 6 months and older.



# **Evolution of Services**

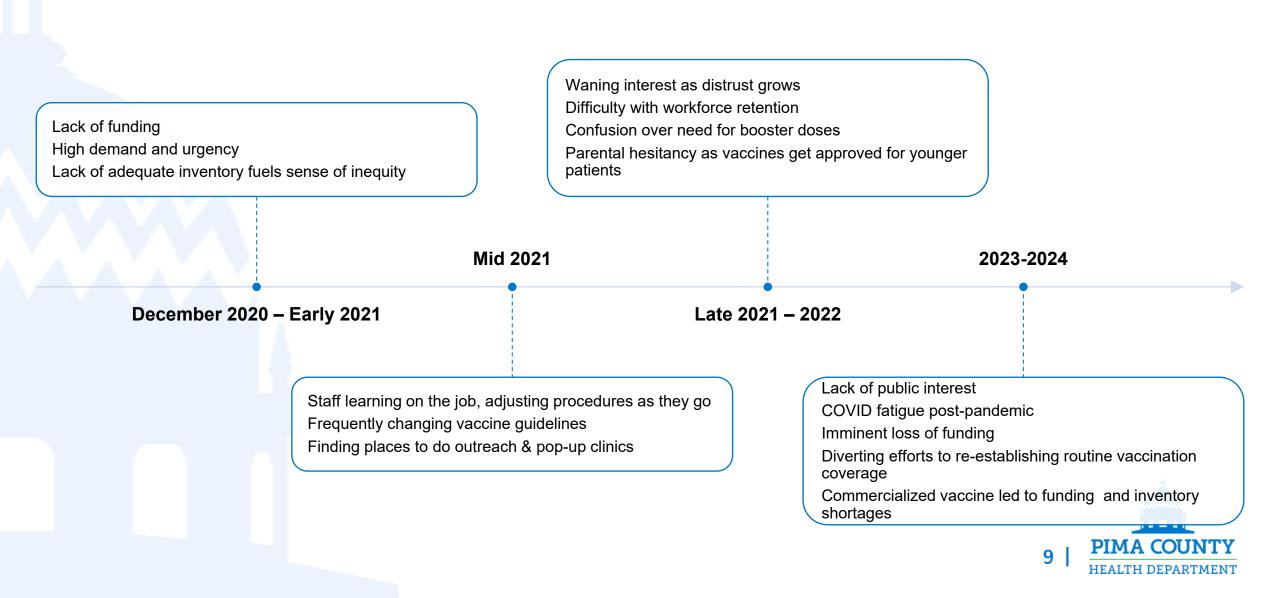
2023 – 2024: Transition to Routine Immunization

- Annual COVID vaccines modeled after flu shots with updated formulations.
- Vaccines widely available at pharmacies, clinics, and primary care offices.
- Public health campaigns scaled back as individual healthcare providers took over.
- Insurance coverage improved, but access disparities persisted
- Long COVID recognition and promotion of vaccine to prevent Long COVID

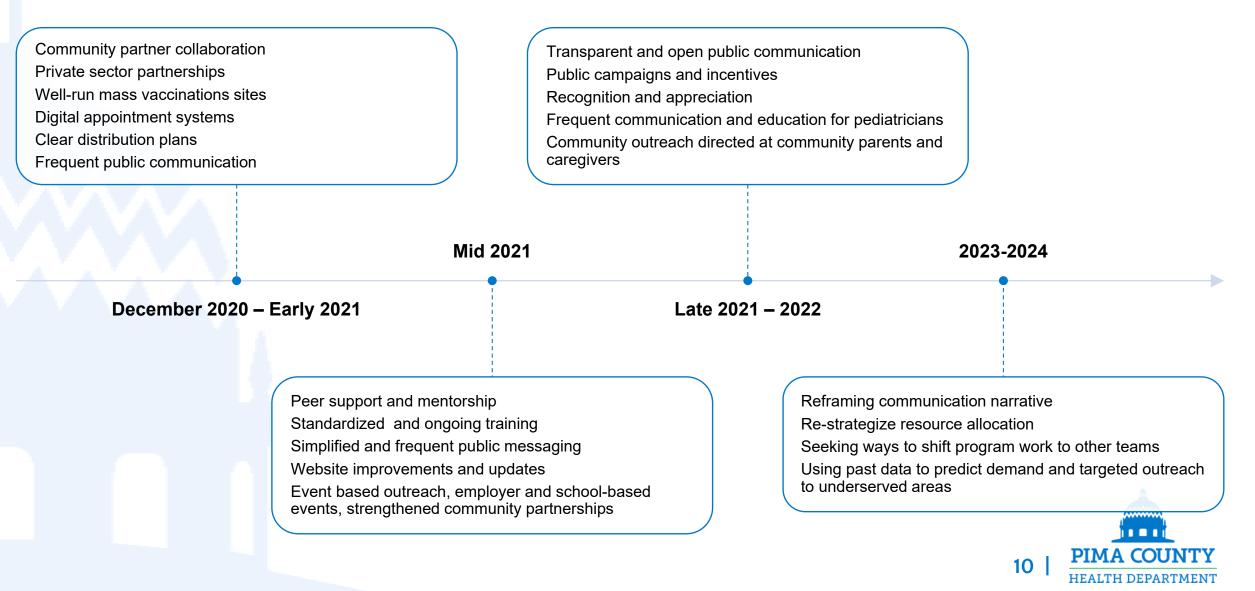




# **Challenges Over Time**



### **Successful Solutions**



### **Successes Over Time**

#### **PCHD Vaccine Equity Team**

- Convenience Vaccinating
  - meet people where they are at
- Community Engagement and Health Education
- Long COVID Campaign

Mobile Vaccination #s By Year, COVID & Flu					
	2022	2023	2024	2025*	TOTAL
COVID	2049	1312	1075	149	4585
Flu	45	236	749	73	1103
TOTAL	2094	1548	1824	222	5688
*YTD, Feb 2025					





### **Lessons Learned**

#### Accessibility is Key:

- Bringing services directly to underserved and rural areas significantly increases vaccine uptake.
- Flexible hours to accommodate diverse community schedules.

#### Community Partnerships Enhance Reach:

- Collaborating with local organizations, faith-based groups, and community leaders fosters trust and expands outreach efforts.
- Co-hosting events with trusted local entities (e.g., schools, food banks) increases visibility and attendance.

#### Trust Takes Time:

- Consistent presence in the community over time builds familiarity and reduces skepticism.
- Health education and eligibility screening were essential to trust building and promoting uptake
- Community Health Workers unique ability to understand and connect with community helps establish trust and promote vaccines in areas that have been historically hesitant

12

### **Lessons Learned**

#### • Flexibility and Agility are Critical:

- Adapting quickly to changing vaccine guidelines and community feedback ensures relevance and effectiveness.
- Updating health education documents and being a consistent, relevant, trusted source of information – place to turn to
- Having contingency plans for challenges such as weather, staffing shortages, or supply chain issues ensures continuity.

#### Education Drives Confidence:

- Combining vaccination efforts with robust educational outreach improves understanding and acceptance of vaccines.
- Dispelling myths in real-time through Q&A sessions builds trust and increases willingness.



### **Lessons Learned**

#### Data Collection Informs Strategy:

- Tracking demographics, vaccine uptake, and community feedback helps identify gaps and improve future outreach efforts.
- Using collected data to showcase impact motivates stakeholders and funders to continue support.

#### Technology Can Both Help and Hinder:

- On-site digital tools streamline registration and data collection, but backup systems (e.g., paper forms) are essential in areas with poor internet connectivity.
- Training all outreach staff on documentation techniques and eligibility screening instead of relying on only nursing staff: learning curve but long-term benefits to streamline process.





# **Questions?**

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Betsy Camara Betsy.Camara@pima.gov 520-724-8250 The Positive Impact of Mobile Health Clinics in Communities

> - A Public Health Bridge to Modern Medicine Bird's Eye Medical Marshall Bishop



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#### **Objectives of This Session**

We will explore the positive impacts of mobile health clinics in communities, focusing on three key areas: The barriers to healthcare faced by vulnerable populations like the elderly, rural residents, and low-income individuals, and how mobile clinics can bridge these gaps.



Evaluating how mobile clinics can contribute to improved health outcomes by early detection of health issues, improving vaccine rates, and promoting healthy behaviors.

Learning about the range of services offered by mobile clinics.

### Bird's Eye Medical Background

- Medical Mobile Operation
- Established In January 2021
- Partnership
- Mobilized Resources
- Collaboration
- Continued Mission



### Recognizing the Barriers to Healthcare

- Mobile Health
  Clinic
- Expanded our Services



### **Vulnerable Populations**

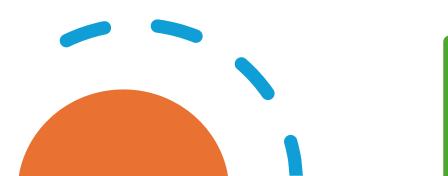
- Vulnerable Populations
  - Elderly
  - Rural Residents
  - Low Income
- Barriers
  - Geographical Isolation
  - Lack of Transportation
  - Low Socioeconomic Status
  - Insufficient Health Insurance Coverage
  - Trust



# Mobile Clinics as a Bridge

- Bridging Gaps
  - Travel to Community
  - Set up Operations in Different Settings
- Positive Effects
  - Access
  - Connecting to Care
  - Building Trust



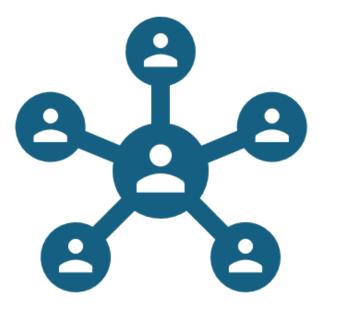


# Providing Access

• Equitable Healthcare System

- Builds Trust
- Encourages Regular Health Checks
- Fosters a Healthier Lifestyle





### Providing Connection

Connecting Patients

- Continuity of Care
- Comprehensive Care
- Consistent Care

### Community Trust

- Demonstrated Commitment
- Community-Driven Approach
- Staffing and Cultural Competency
- Familiarity and Repeated Visits
- Building Relationships

### Mobile Health Clinics Can Offer A Range of Services



**Basic Primary Care** 

**Preventive Screenings** 

Vaccinations

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Chronic Disease Management





### Improved Health Outcomes through Mobile Clinics

• Early Detection and Preventive Care

Prescreening and Vaccines

Regular Screen

Mpox Outbreak



# Vaccinations

- COVID-19 Pandemic
- Vaccination sites

Childhood Vaccines

Outreach

### WA DOH Care-A-Van Program Data



#### Care-a-Van Metrics Since Inception 6/12/21-12/31/24

3744

received for services

**Total requests** 

2684

**Events supported** 

46% COVID-19 vaccine clinics

75% **Clinics in areas with** Moderate to High SVI (7+)

61174

COVID-19 vaccine doses Administered (Adult and Pediatric)

26%

Clinics in rural areas

#### 7969

Flu vaccine doses Administered (Adult and Pediatric)

63% Clinics in the West

11065

serving over 50% BIPOC

Total number of Childhood vaccines administered

1170

Total number of Blood Glucose Screenings

804

Total number of MPOX Total number of Blood Presvaccines administered sure Screenings

1118

37%

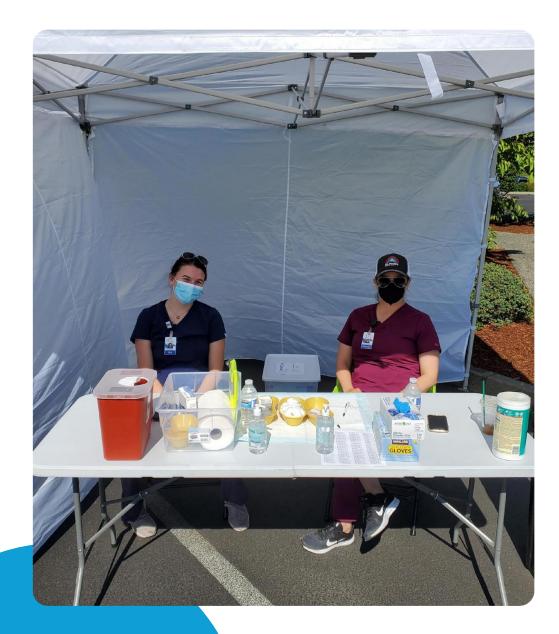
**Clinics in the East** 

1150

Total number of Naloxone Kits Distributed

### The Future of Mobile Health Clinics

- The future of mobile health clinics lies in their continued ability to reduce healthcare barriers and provide services that prevent major interventions in the future.
- Technology Telehealth



# Conclusion

Transformative force in public health Mobile Clinic Evolving

# **QUESTIONS?**





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### Claim your Continuing Education Credit

Event Evaluation - April 15, 2025 -Session 3 Breakouts - Making Mobile Immunization





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