

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN9: Percentage of students who rarely or never wore a seat belt (when riding in a car driven by someone else)	9.1 (6.6-12.5)	2,074	11.3 (6.7-18.4)	226			●
QN11: Percentage of students who drove when drinking alcohol (one or more times during the 30 days before the survey, among students who had driven a car or other vehicle during the 30 days before the survey)	8.5 (4.8-14.5)	1,329	10.0 (4.9-19.5)	130			●
QN13: Percentage of students who carried a weapon (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	17.5 (14.2-21.4)	2,047	20.9 (13.4-31.1)	219			●
QN14: Percentage of students who carried a gun (on at least 1 day during the 30 days before the survey)	4.5 (3.7-5.5)	2,057	5.5 (2.0-14.6)	224			●
QN15: Percentage of students who carried a weapon on school property (such as a gun, knife, or club on at least 1 day during the 30 days before the survey)	4.1 (2.7-6.4)	2,062	6.2 (2.5-14.9)	221			●
QN16: Percentage of students who did not go to school because they felt unsafe at school or on their way to or from school (on at least 1 day during the 30 days before the survey)	5.0 (4.4-5.7)	2,074	8.3 (4.1-16.2)	225			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN17: Percentage of students who were threatened or injured with a weapon on school property (such as a gun, knife, or club one or more times during the 12 months before the survey)	6.2 (4.5-8.4)	2,077	12.9 (8.0-20.1)	227		●	
QN18: Percentage of students who were in a physical fight (one or more times during the 12 months before the survey)	22.6 (19.5-26.0)	2,055	22.3 (15.1-31.8)	221			●
QN20: Percentage of students who were in a physical fight on school property (one or more times during the 12 months before the survey)	6.8 (4.9-9.3)	2,046	7.0 (3.4-14.1)	221			●
QN21: Percentage of students who were ever physically forced to have sexual intercourse (when they did not want to)	7.2 (5.4-9.4)	2,061	22.4 (17.6-28.1)	224		●	
QN26: Percentage of students who felt sad or hopeless (almost every day for 2 or more weeks in a row so that they stopped doing some usual activities during the 12 months before the survey)	29.6 (26.2-33.3)	2,043	68.0 (59.0-75.8)	218		●	
QN27: Percentage of students who seriously considered attempting suicide (during the 12 months before the survey)	14.9 (12.2-18.1)	2,063	47.2 (38.2-56.4)	223		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Unintentional Injuries/Violence

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN28: Percentage of students who made a plan about how they would attempt suicide (during the 12 months before the survey)	13.4 (11.5-15.5)	2,062	42.3 (34.5-50.5)	217		●	
QN29: Percentage of students who attempted suicide (one or more times during the 12 months before the survey)	7.3 (5.2-10.0)	1,759	29.1 (22.8-36.3)	194		●	
QN30: Percentage of students who attempted suicide that resulted in an injury, poisoning, or overdose that had to be treated by a doctor or nurse (during the 12 months before the survey)	1.9 (1.1-3.0)	1,760	9.9 (6.6-14.7)	193		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN31: Percentage of students who ever tried cigarette smoking (even one or two puffs)	34.9 (30.2-39.9)	2,019	58.4 (49.7-66.6)	218		●	
QN32: Percentage of students who smoked a whole cigarette before age 13 years (for the first time)	6.2 (5.0-7.7)	1,979	14.7 (10.3-20.5)	215		●	
QN33: Percentage of students who currently smoked cigarettes (on at least 1 day during the 30 days before the survey)	9.1 (6.9-12.0)	1,982	20.7 (15.1-27.8)	208		●	
QNFRSIG: Percentage of students who currently frequently smoked cigarettes (on 20 or more days during the 30 days before the survey)	2.1 (1.4-3.1)	1,982	3.4 (1.1-10.3)	208			●
QNDAYCIG: Percentage of students who currently smoked cigarettes daily (on all 30 days during the 30 days before the survey)	1.4 (1.0-1.9)	1,982	1.5 (0.3-6.0)	208			●
QN34: Percentage of students who smoked more than 10 cigarettes per day (during the 30 days before the survey among students who currently smoked cigarettes on the days they smoked)	5.1 (1.8-13.7)	190	8.1 (1.1-41.2)	43			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN35: Percentage of students who usually obtained their own cigarettes by buying them in a store or gas station (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	10.5 (3.5-27.4)	139	3.1 (0.4-18.9)	36			●
QNCIGINT: Percentage of students who usually obtained their own cigarettes by buying on the internet (during the 30 days before the survey among students who currently smoked cigarettes and who were aged <18 years)	0.0 (.-)	139	2.4 (0.3-18.5)	36			●
QN36: Percentage of students who did not try to quit smoking cigarettes (among students who currently smoked cigarettes during the 12 months before the survey)	57.6 (47.9-66.7)	182	24.8 (9.1-52.0)	40	●		
QN37: Percentage of students who currently used smokeless tobacco (chewing tobacco, snuff, or dip on at least 1 day during the 30 days before the survey)	6.0 (4.1-8.9)	2,068	6.0 (2.1-15.7)	224			●
QN38: Percentage of students who currently smoked cigars (cigars, cigarillos, or little cigars on at least 1 day during the 30 days before the survey)	10.0 (7.7-12.9)	2,073	12.7 (7.0-21.9)	226			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Tobacco Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN39: Percentage of students who ever used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz)	51.5 (46.8-56.2)	2,034	60.8 (48.4-71.9)	211		●	
QN40: Percentage of students who currently used electronic vapor products (e-cigarettes, e-cigars, e-pipes, vape pipes, vaping pens, e-hookahs, and hookah pens such as blu, NJOY, or Starbuzz on at least 1 day during the 30 days before the survey)	26.7 (23.3-30.4)	2,063	39.8 (28.3-52.5)	217		●	
QNTOB4: Percentage of students who currently used tobacco (current cigarette, smokeless tobacco, cigar, or electronic vapor product use on at least 1 day during the 30 days before the survey)	33.6 (29.5-38.0)	2,031	48.8 (37.6-60.1)	220		●	
QNTOB3: Percentage of students who currently used cigarettes, cigars, or smokeless tobacco (on at least 1 day during the 30 days before the survey)	17.0 (13.6-21.0)	2,006	27.0 (19.5-36.2)	219		●	
QNTOB2: Percentage of students who currently smoked cigarettes or cigars (on at least 1 day during the 30 days before the survey)	14.6 (11.6-18.2)	2,003	24.5 (18.0-32.5)	216		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN42: Percentage of students who drank alcohol before age 13 years (for the first time other than a few sips)	15.7 (12.6-19.3)	2,051	22.2 (18.4-26.6)	225		●	
QN43: Percentage of students who currently drank alcohol (at least one drink of alcohol on at least 1 day during the 30 days before the survey)	33.8 (28.1-40.0)	1,947	44.6 (32.4-57.5)	202			●
QN44: Percentage of students who drank five or more drinks of alcohol in a row (within a couple of hours on at least 1 day during the 30 days before the survey)	19.3 (14.7-25.0)	2,045	19.4 (11.9-30.0)	218			●
QN46: Percentage of students who usually obtained the alcohol they drank by someone giving it to them (among students who currently drank alcohol)	46.5 (40.1-53.0)	657	34.9 (22.1-50.3)	84			●
QN47: Percentage of students who ever used marijuana (one or more times during their life)	41.5 (35.4-47.9)	2,024	56.0 (44.5-66.9)	216		●	
QN48: Percentage of students who tried marijuana before age 13 years (for the first time)	8.4 (6.6-10.7)	2,025	18.7 (13.3-25.7)	217		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN49: Percentage of students who currently used marijuana (one or more times during the 30 days before the survey)	22.0 (18.4-26.0)	2,039	37.4 (23.6-53.5)	216		●	
QN50: Percentage of students who ever used cocaine (any form of cocaine, such as powder, crack, or freebase, one or more times during their life)	8.4 (6.2-11.3)	2,071	13.1 (7.9-21.0)	227			●
QN51: Percentage of students who ever used inhalants (sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high, one or more times during their life)	6.4 (4.7-8.7)	2,073	18.3 (14.7-22.5)	226		●	
QN52: Percentage of students who ever used heroin (also called "smack," "junk," or "China white," one or more times during their life)	2.0 (1.5-2.6)	2,008	7.0 (3.0-15.5)	219			●
QN53: Percentage of students who ever used methamphetamines (also called "speed," "crystal," "crank," or "ice," one or more times during their life)	2.7 (1.6-4.5)	2,075	7.2 (3.0-16.7)	225			●
QN56: Percentage of students who ever took steroids without a doctor's prescription (pills or shots, one or more times during their life)	4.1 (2.8-5.9)	2,074	5.8 (2.3-14.1)	227			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Alcohol/Other Drug Use

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN59: Percentage of students who were offered, sold, or given an illegal drug on school property (during the 12 months before the survey)	27.7 (24.7-30.8)	2,061	44.9 (36.3-53.7)	221		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN60: Percentage of students who ever had sexual intercourse	37.9 (31.3-44.9)	1,876	55.1 (47.1-62.9)	187		●	
QN61: Percentage of students who had sexual intercourse before age 13 years (for the first time)	2.7 (2.0-3.6)	1,875	8.1 (3.9-16.0)	187			●
QN62: Percentage of students who had sexual intercourse with four or more persons (during their life)	10.1 (7.4-13.6)	1,866	14.5 (7.8-25.2)	185			●
QN63: Percentage of students who were currently sexually active (sexual intercourse with at least one person during the 3 months before the survey)	27.8 (21.9-34.6)	1,874	43.5 (35.0-52.4)	187		●	
QN64: Percentage of students who drank alcohol or used drugs before last sexual intercourse (among students who were currently sexually active)	22.3 (16.7-29.2)	517	27.1 (17.8-39.0)	71			●
QN65: Percentage of students who did not use a condom (during last sexual intercourse among students who were currently sexually active)	44.3 (35.3-53.7)	506	42.2 (27.1-59.0)	69			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN66: Percentage of students who did not use birth control pills (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	77.1 (68.2-84.1)	494	92.0 (78.0-97.4)	70		●	
QNIUDIMP: Percentage of students who did not use an IUD (e.g., Mirena or ParaGard) or implant (e.g., Implanon or Nexplanon) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	95.3 (89.4-98.0)	494	97.1 (82.4-99.6)	70			●
QNSHPARG: Percentage of students who did not use a shot (e.g., Depo-Provera), patch (e.g., OrthoEvra), or birth control ring (e.g., NuvaRing) (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	97.5 (95.6-98.6)	494	97.3 (80.8-99.7)	70			●
QNOTHHPL: Percentage of students who did not use birth control pills; an IUD or implant; or a shot, patch, or birth control ring (before last sexual intercourse to prevent pregnancy among students who were currently sexually active)	69.9 (60.9-77.6)	494	86.4 (70.2-94.5)	70		●	
QNDUALBC: Percentage of students who did not use both a condom during and birth control pills; an IUD or implant; or a shot, patch, or birth control ring before last sexual intercourse (to prevent STD and pregnancy among students who were currently sexually active)	92.3 (86.8-95.7)	493	92.8 (77.7-98.0)	69			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

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#### Sexual Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNBCNONE: Percentage of students who did not use any method to prevent pregnancy (during last sexual intercourse among students who were currently sexually active)	12.4 (8.1-18.4)	494	27.9 (15.4-45.3)	70			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>‡</sup>
	% 95% CI*	N	% 95% CI	N			
QNOBESE: Percentage of students who were obese ( $\geq$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	9.9 (7.6-12.8)	1,941	14.2 (7.2-25.9)	207			●
QNOWT: Percentage of students who were overweight ( $\geq$ 85th percentile but $<$ 95th percentile for body mass index, based on sex- and age-specific reference data from the 2000 CDC growth chart <sup>‡</sup> )	13.6 (11.8-15.7)	1,941	21.7 (13.9-32.2)	207			●
QN69: Percentage of students who described themselves as slightly or very overweight	28.2 (25.9-30.6)	2,065	40.8 (32.0-50.1)	224		●	
QN70: Percentage of students who were not trying to lose weight	52.0 (49.0-55.0)	2,062	42.6 (32.1-53.7)	224			●
QN71: Percentage of students who did not drink fruit juice (100% fruit juices one or more times during the 7 days before the survey)	26.5 (24.7-28.5)	2,062	35.0 (27.1-43.7)	224		●	
QN72: Percentage of students who did not eat fruit (one or more times during the 7 days before the survey)	10.6 (8.9-12.6)	2,059	12.6 (7.1-21.5)	224			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses,  $p < 0.05$ .

<sup>‡</sup>Based on reference data from the 2000 CDC Growth Charts.

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#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNFR0: Percentage of students who did not eat fruit or drink 100% fruit juices (during the 7 days before the survey)	6.5 (4.9-8.6)	2,053	9.9 (4.9-18.9)	224			●
QNFR1: Percentage of students who did not eat fruit or drank 100% fruit juices one or more times per day (during the 7 days before the survey)	39.6 (36.5-42.7)	2,053	45.4 (38.0-53.1)	224			●
QNFR2: Percentage of students who did not eat fruit or drank 100% fruit juices two or more times per day (during the 7 days before the survey)	69.8 (65.8-73.5)	2,053	72.5 (62.1-80.9)	224			●
QNFR3: Percentage of students who did not eat fruit or drank 100% fruit juices three or more times per day (during the 7 days before the survey)	81.4 (77.8-84.6)	2,053	86.4 (78.3-91.8)	224			●
QN73: Percentage of students who did not eat salad (during the 7 days before the survey)	39.4 (35.7-43.3)	2,031	37.2 (26.4-49.5)	223			●
QN74: Percentage of students who did not eat potatoes (during the 7 days before the survey)	37.2 (33.5-40.9)	2,056	35.1 (26.7-44.6)	223			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN75: Percentage of students who did not eat carrots (during the 7 days before the survey)	50.3 (45.3-55.2)	2,061	56.9 (47.6-65.8)	222			●
QN76: Percentage of students who did not eat other vegetables (during the 7 days before the survey)	19.2 (16.0-22.9)	2,050	15.5 (9.4-24.7)	219			●
QNVEG0: Percentage of students who did not eat vegetables (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	7.9 (6.2-9.9)	2,013	4.6 (2.3-8.9)	216			●
QNVEG1: Percentage of students who did not eat vegetables one or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	41.6 (38.0-45.3)	2,013	39.3 (26.9-53.4)	216			●
QNVEG2: Percentage of students who did not eat vegetables two or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	74.7 (70.7-78.4)	2,013	71.8 (56.4-83.4)	216			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

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Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QNVEG3: Percentage of students who did not eat vegetables three or more times per day (green salad, potatoes [excluding French fries, fried potatoes, or potato chips], carrots, or other vegetables, during the 7 days before the survey)	86.4 (83.8-88.7)	2,013	84.2 (70.2-92.3)	216			●
QN77: Percentage of students who drank a can, bottle, or glass of soda or pop (not including diet soda or diet pop, during the 7 days before the survey)	71.3 (66.7-75.5)	2,055	76.0 (64.7-84.5)	221			●
QNSODA1: Percentage of students who drank a can, bottle, or glass of soda or pop one or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	18.6 (15.4-22.4)	2,055	20.7 (14.7-28.4)	221			●
QNSODA2: Percentage of students who drank a can, bottle, or glass of soda or pop two or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	9.8 (7.7-12.4)	2,055	12.7 (8.5-18.6)	221			●
QNSODA3: Percentage of students who drank a can, bottle, or glass of soda or pop three or more times per day (not including diet soda or diet pop, during the 7 days before the survey)	4.2 (3.1-5.7)	2,055	8.4 (3.9-17.1)	221			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Dietary Behaviors

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN79: Percentage of students who did not eat breakfast (during the 7 days before the survey)	14.3 (12.6-16.2)	2,037	20.5 (14.5-28.3)	222			●
QNBK7DAY: Percentage of students who did not eat breakfast on all 7 days (during the 7 days before the survey)	64.0 (59.8-68.0)	2,037	76.0 (67.6-82.8)	222		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN80: Percentage of students who were not physically active at least 60 minutes per day on 5 or more days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	52.2 (47.2-57.1)	2,031	68.5 (58.5-77.0)	219		●	
QNPA0DAY: Percentage of students who did not participate in at least 60 minutes of physical activity on at least 1 day (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	14.3 (11.8-17.2)	2,031	23.9 (17.2-32.1)	219		●	
QNPA7DAY: Percentage of students who were not physically active at least 60 minutes per day on all 7 days (doing any kind of physical activity that increased their heart rate and made them breathe hard some of the time during the 7 days before the survey)	73.6 (70.5-76.5)	2,031	83.3 (69.8-91.6)	219			●
QN81: Percentage of students who watched television 3 or more hours per day (on an average school day)	23.7 (19.8-28.1)	2,041	25.2 (21.2-29.7)	220			●
QN82: Percentage of students who played video or computer games or used a computer 3 or more hours per day (for something that was not school work on an average school day)	40.4 (35.2-45.9)	2,051	53.0 (43.2-62.5)	221		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Physical Activity

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN83: Percentage of students who did not attend physical education classes on 1 or more days (in an average week when they were in school)	60.7 (53.9-67.1)	2,035	62.1 (49.5-73.3)	221			●
QNDLYPE: Percentage of students who did not attend physical education classes on all 5 days (in an average week when they were in school)	75.0 (66.0-82.3)	2,035	83.4 (70.9-91.2)	221			●
QN84: Percentage of students who did not play on at least one sports team (run by their school or community groups during the 12 months before the survey)	49.9 (45.2-54.5)	2,046	67.8 (55.8-77.8)	217		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

Other							
Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN89: Percentage of students who made mostly C's, D's, or F's in school (during the 12 months before the survey)	28.9 (25.8-32.2)	2,027	31.1 (21.8-42.1)	215			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN90: Percentage of students who rode in a car or other vehicle driven by a friend who had been drinking alcohol (one or more times during the 30 days before the survey)	14.4 (11.6-17.8)	2,065	13.5 (7.6-22.9)	225			●
QN91: Percentage of students who carried a gun on school property (on at least 1 day during the 30 days before the survey)	1.0 (0.4-2.3)	2,076	1.6 (0.4-6.2)	227			●
QN92: Percentage of students who sometimes, rarely, or never feel safe and secure at school	19.9 (16.7-23.6)	2,066	31.6 (23.1-41.6)	224		●	
QN93: Percentage of students who were ever hit, slapped, or physically hurt on purpose by their boyfriend or girlfriend (during the 12 months before the survey)	8.5 (6.4-11.2)	2,065	9.7 (5.5-16.7)	224			●
QN94: Percentage of students who have been harassed or bullied on school property (once or twice, monthly, weekly, or daily, during the 12 months before the survey)	25.7 (22.1-29.6)	2,021	45.8 (36.1-55.9)	221		●	
QN95: Percentage of students who have harassed or bullied someone else on school property (once or twice, monthly, weekly, or daily, during the 12 months before the survey)	17.6 (14.7-21.0)	2,079	20.5 (12.9-31.1)	227			●

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN96: Percentage of students who have been electronically bullied (such as through e-mail, chat rooms, instant messaging, web sites, or text messaging, once or twice, monthly, weekly, or daily, during the 12 months before the survey)	16.9 (13.9-20.3)	2,074	33.5 (27.9-39.7)	227		●	
QN97: Percentage of students who have electronically bullied someone else (such as through e-mail, chat rooms, instant messaging, web sites, or text messaging, once or twice, monthly, weekly, or daily, during the 12 months before the survey)	10.5 (7.9-13.9)	2,065	21.6 (12.3-35.2)	227			●
QN98: Percentage of students who reported that their property had been stolen or deliberately damaged on school property one or more times (such as their car, clothing, or books, during the 12 months before the survey)	18.4 (15.2-22.1)	2,076	23.4 (16.9-31.6)	227			●
QN99: Percentage of students who did something to purposely hurt themselves without wanting to die (such as cutting or burning themselves on purpose one or more times during the 12 months before the survey)	15.7 (13.6-18.1)	2,068	45.1 (37.4-53.0)	225		●	
QN100: Percentage of students who have ever used chewing tobacco, snuff, or dip (such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen)	16.4 (13.7-19.5)	2,057	10.7 (6.1-18.1)	220	●		

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN101: Percentage of students who have ever used a waterpipe to smoke tobacco, even one or two puffs (also called a hookah, shisha, or narghile)	37.7 (33.3-42.3)	2,031	50.7 (40.3-61.1)	216		●	
QN102: Percentage of students who currently used a waterpipe to smoke tobacco (also called a hookah, shisha, or narghile on at least 1 day during the 30 days before the survey)	16.1 (14.4-18.0)	2,033	29.2 (20.8-39.1)	216		●	
QN103: Percentage of students who were in the same room with someone who was smoking cigarettes (on at least 1 day during the 7 days before the survey)	35.0 (29.3-41.2)	2,077	57.3 (49.1-65.1)	226		●	
QN104: Percentage of students who described the rule about smoking cigarettes inside the home where they live as always allowed inside their home or allowed only at some times or in some places inside their home	7.5 (5.7-9.8)	2,059	17.8 (11.1-27.5)	225		●	
QN105: Percentage of students who had at least one drink of alcohol on school property (on at least 1 day during the 30 days before the survey)	3.6 (2.3-5.5)	2,060	13.0 (6.9-23.1)	222		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN106: Percentage of students who used marijuana on school property (one or more times during the 30 days before the survey)	6.2 (4.5-8.7)	2,072	13.4 (7.1-23.8)	225			●
QN107: Percentage of students who currently used any form of cocaine, including powder, crack, or freebase (one or more times during the 30 days before the survey)	3.8 (2.5-6.0)	2,059	5.7 (2.3-13.3)	221			●
QN108: Percentage of students who currently sniffed glue, breathed the contents of aerosol spray cans, or inhaled any paints or sprays to get high (one or more times during the 30 days before the survey)	2.4 (1.4-4.1)	2,073	6.1 (2.4-14.8)	224			●
QN109: Percentage of students who currently used methamphetamines (also called “speed”, “crystal”, “crank”, or “ice”, one or more times during the 30 days before the survey)	1.8 (1.0-3.2)	2,069	6.4 (2.6-15.1)	223			●
QN110: Percentage of students who currently used ecstasy (also called “MDMA”, one or more times during the 30 days before the survey)	3.9 (3.0-5.0)	2,060	7.1 (3.3-14.5)	223			●
QN111: Percentage of students who attended school under the influence of alcohol or other illegal drugs (such as marijuana or cocaine, one or more times during the 12 months before the survey)	15.4 (12.0-19.6)	2,065	22.9 (16.1-31.5)	225		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN112: Percentage of students who currently took over-the-counter drugs to get high (one or more times during the 30 days before the survey)	4.6 (3.3-6.3)	2,075	16.0 (9.8-25.2)	226		●	
QN113: Percentage of students who currently took a prescription drug without a doctor's prescription (such as OxyContin, Percocet, Vicodin, codeine, Adderall, Ritalin, or Xanax, one or more times during the 30 days before the survey)	9.2 (7.0-11.9)	2,073	20.8 (13.9-30.0)	226		●	
QN114: Percentage of students who reported their partners were three or more years older than themselves the first time they had sexual intercourse (among students who have had sexual intercourse)	17.9 (14.1-22.5)	823	30.5 (21.9-40.7)	120		●	
QN115: Percentage of students who reported their parents or other adults in their family have not ever talked with them about what they expect them to do or not to do when it comes to sex or who were not sure if their parents or other adults had ever talked with them	33.6 (29.7-37.7)	2,060	39.2 (31.2-47.9)	218			●
QN117: Percentage of students who went without eating for 24 hours or more to lose weight or to keep from gaining weight (also called fasting, during the 30 days before the survey)	12.8 (11.1-14.7)	2,058	34.3 (25.8-44.1)	221		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.

## 2015 YOUTH RISK BEHAVIOR SURVEY RESULTS

### Arizona High School Survey Risk Behaviors and Sexual Identity Report

#### Site-Added

Health Risk Behavior	Heterosexual		Gay, Lesbian, or Bisexual		Heterosexual More Likely Than Gay, Lesbian, or Bisexual <sup>†</sup>	Gay, Lesbian, or Bisexual More Likely Than Heterosexual <sup>†</sup>	No Difference <sup>†</sup>
	% 95% CI*	N	% 95% CI	N			
QN118: Percentage of students who took some diet pills, powders, or liquids without a doctor's advice to lose weight or to keep from gaining weight (during the 30 days before the survey)	7.6 (6.6-8.7)	2,056	14.3 (8.5-23.0)	218			●
QN119: Percentage of students who vomited or took laxatives to lose weight or to keep from gaining weight (during the 30 days before the survey)	6.1 (4.9-7.6)	2,034	12.2 (8.6-17.1)	216		●	

\*Confidence interval.

<sup>†</sup>Based on t-test analyses, p<0.05.